



# Virginia Green Hotels & Lodging Facilities



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## The Country Bumpkins B&B and Vacation Rental Bedford, VA



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**Virginia Green** is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green** has established "core activities" specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, **Virginia Green** encourages its participants to reduce their environmental impacts in all aspects of their operations, and this profile provides a full list of all their "green" activities. These are the activities that guests / customers can expect to find when they visit this facility.

## The Country Bumpkins B&B and Vacation Rental

We are a bed and breakfast and vacation rental which is on our property but separate from our home. The cottage is a fully equipped, stand alone operation.

Our family is very environmentally conscientious in our home and want to extend our practices to our small business. We believe that small changes make a big difference!

### Virginia Green Activities

#### This facility pledges that they:

##### Offer optional linen service

- Have signage in each guest room explaining the linen reuse procedures
- Train housekeeping staff on our process for optional linen service
- Purchase water- and energy-efficient washers and dryers
- Use non-phosphate, non-toxic and biodegradable laundry detergents
- Minimize the use of bleach and chlorinated chemicals

##### Recycle

- Have in place clearly marked recycling bins or provide convenient drop-off locations for guests to recycle:

- Glass Bottles
- Plastic Bottles
- Aluminum cans
- Steel cans
- Newspaper
- Cardboard

### **Reduce solid waste**

- Instruct housekeeping staff to save and reuse unopened items
- Do not use any disposable containers, dishware, cutlery, or cups
- Use non-bleached napkins and coffee filters
- Provide condiments, cream and sugar, etc. in bulk
- Reuse scrap paper for notes
- Reuse or donate shipping and packing supplies (peanuts, bubble wrap, etc.)
- Use reused building materials or those from sustainable sources
- Use latex, low or no-VOC paints
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Minimize use of pesticides and herbicides in landscaping

### **Use water efficiently**

- Perform preventative maintenance to stop drips and leaks
- Have installed low flow faucets and showerheads (use less than 2.5 gallons per minute)
- Have installed low flow toilets (use 1.6 gallons per flush or less)
- Have landscaping that utilizes native species
- Have minimized impervious areas (paving, concrete, etc.)
- Use a nutrient management plan that minimizes the use of fertilizers

### **Conserve energy**

- Track overall energy bills
  - Have installed ceiling fans
  - Regularly perform preventative maintenance on HVAC system
  - Keep office doors and windows closed if HVAC system is on
  - Use natural lighting (i.e., open draperies and raise shades whenever adequate light from windows is available)
  - Have installed compact fluorescent light bulbs in all rooms and canned lighting
  - Use ENERGY STAR qualified appliances (commercial kitchens, heating and cooling, consumer electronics)
  - Use ENERGY STAR qualified office equipment (computers, monitors, copiers, printers, etc.)
  - Have adopted a policy/practice to turn off fans, computers, monitors and other devices in unoccupied rooms at the end of the workday or when otherwise not being used
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For more information on **The Country Bumpkins B&B and Vacation Rental**, see [thecountrybumpkins.net](http://thecountrybumpkins.net) or contact Susan McSlarrow at [mcslarrows@gmail.com](mailto:mcslarrows@gmail.com) or 540-586-4712.

For more information on the Virginia Green program,  
see [www.deq.state.va.us/Programs/PollutionPrevention/VirginiaGreen.aspx](http://www.deq.state.va.us/Programs/PollutionPrevention/VirginiaGreen.aspx).



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